



Content Release Schedule

You will get access to introduction and pre-course material immediately after purchase. Each module will get released at 12:01am on every Friday. We will have two video Q&A's where you will be able to submit questions and get formal answers and additional content from an IKN Instructor. You will then have lifetime access to it and can go back anytime. Please utilize the Facebook group for questions in between Q&A's!

Week 1

- Friday May 17th

Week 2

- Friday May 24th

Week 3

- Friday May 31st

Week 4

- Friday June 7th

Halfway Point Q&A

Week 5

- Friday June 14th

Week 6

- Friday June 21st

Week 7

- Friday June 28th

Week 8

- Friday July 5th

Wrap-Up Q&A