



## Content Release Schedule for Cohort 16

You will get access to introduction and pre-course material immediately after purchase. Each module will get released at 12:01am on every Friday. We will have two video Q&A's where you will be able to submit questions and get formal answers and additional content from an IKN Instructor. You will then have lifetime access to it and can go back anytime. Please utilize the Facebook group for questions in between Q&A's!

### Week 1

- Friday December 9<sup>th</sup>

### Week 2

- Friday December 16<sup>th</sup>

### Week 3

- Friday December 23<sup>rd</sup>

### Week 4

- Friday December 30<sup>th</sup>

Halfway Point Q&A

### Week 5

- Friday January 6<sup>th</sup>

### Week 6

- Friday January 13<sup>th</sup>

### Week 7

- Friday January 20<sup>th</sup>

## **Week 8**

- Friday January 27<sup>th</sup>

Wrap-Up Q&A