1.) **Basic Visual System Neurology**
   - Visual systems impact on self-organization
   - Understanding the importance of identifying “where” load is needed for positive change

2.) **Applied Neurology of the Visual System**
   - How the visual system helps coordinate movement output
   - How the visual system impacts the level of “tone” expressed in muscles
   - Neural pathways that help utilize eye movement to direct body movement

3.) **Neurology of Intention**
   - How the eyes influence the intention behind our movement
   - Step by step sequence of how intention leads to movement & its rehab implications

4.) **Visual System & Motor Learning**
   - Identifying visual subsystems & their load tolerance
   - Importance of identifying load discrepancies in the visual system for rehabilitation

5.) **The Five Eye Movement Systems**
   - What are they?
   - How do they influence movement of the body?
   - How to address them?

6.) **How to Get Buy-In When Integrating the Visual System**
   - Practical assessments to identify sensory re-weighting ability
   - Identify if the brain is over-reliant on the eyes for movement & the rehab implications

7.) **Practical Assessments & Integration**
   - Identify load capacity & coordination of all eye muscles/movements in all directions
   - How to identify compensation strategies
8.) Practical Interventions
- Rehab interventions to address poor load tolerance
- Rehab interventions to combine with isometric loading of body segments
- How to add more challenge via speed and altering body positions